

Let's see what's for lunch...

Monday

Main Meals
 Chicken & Beef Sausage with Mash & Onion Gravy
 Tex Mex Vegetarian Sausage Hot Pot **V**
 Pasta with Cheese Sauce **V**

Vegetables
 Sweetcorn & Peas **Ve**

Dessert
 Vanilla Ice Cream with Fruit Compote **V**

Tuesday

Main Meals
 Mild Chicken & Vegetable Curry with Steamed Rice
 Sweet Potato & Vegetable Curry with Steamed Rice **Ve**
 Jacket Potato with Baked Beans **Ve**

Vegetables
 Cauliflower & Green Beans **Ve**

Dessert
 Fruit Burst Jelly **Ve**

Wednesday

Main Meals
 Roast Chicken with Roast Potatoes & Gravy
 BBQ Roast Sweet Potato & Bean Loaf with Roast Potatoes & Gravy **Ve**
 Wholegrain Pasta with Tomato Sauce **Ve**

Vegetables
 Seasonal Greens & Carrots **Ve**

Dessert
 Apple & Oaty Topped Crumble **Ve** with Custard **V**

Thursday

Main Meals
 Beef Bolognese with Spaghetti
 Homemade Vegan Burger in a Bun **Ve**
 Jacket Potato with Cheese **V**

Vegetables
 Broccoli & Sweetcorn **Ve**

Dessert
 Chocolate & Beetroot Brownie **V**

Friday

Main Meals
 Fish Fingers with Oven Baked Chips
 Vegetable Burrito Wrap **Ve**
 Pasta with Tomato Sauce **Ve**

Vegetables
 Peas & Baked Beans **Ve**

Dessert
 Maryland Cookie **V**

Freshly Baked Bread:
 Garlic & Herb Bread **V** Wholemeal Bread **V**

Week 1:
 19th April, 9th May, 6th June, 27th June, 18th July, 30th August, 19th September, 10th October, 31st October

Monday

Main Meals
 BBQ Chicken Pizza
 Margherita Pizza **V**
 Jacket Potato with Tuna Mayonnaise

Vegetables
 Sweetcorn **Ve** & Coleslaw **V**

Dessert
 Chocolate & Courgette Sponge with Chocolate Sauce **V**

Tuesday

Main Meals
 Turkey & Vegetable Pie Topped with Puff Pastry
 Sweet & Sour Vegetables with Steamed Rice **Ve**
 Wholegrain Pasta with Tomato Sauce **Ve**

Vegetables
 Cauliflower & Peas **Ve**

Dessert
 Oat & Cherry Cookie **Ve**

Wednesday

Main Meals
 Roast Chicken with Roast Potatoes & Gravy
 Cauliflower & Cheese Bake with Roast Potatoes & Gravy **V**
 Pasta with Cheese Sauce **V**

Vegetables
 Seasonal Greens & Carrots **Ve**

Dessert
 Banana Flapjack **Ve**

Thursday

Main Meals
 Beef & Bean Chilli with Rice
 Vegan Chilli Con Carne with Rice **Ve**
 Jacket Potato with Baked Beans **Ve**

Vegetables
 Broccoli & Sweetcorn **Ve**

Dessert
 Apple & Parsnip Sponge **V**

Friday

Main Meals
 Battered Fish with Oven Baked Chips
 Vegetable Goujon with Oven Baked Chips **Ve**
 Pasta with Roasted Tomato Sauce **Ve**

Vegetables
 Baked Beans & Peas **Ve**

Dessert
 Vanilla Ice Cream with Peach Compote **V**

Freshly Baked Bread:
 Carrot & Thyme Bread **V** Wholemeal Bread **V**

Week 2:
 25th April, 16th May, 13th June, 4th July, 5th September, 26th September, 17th October

Monday

Main Meals
 Cottage Pie topped with Sliced Sweet Potato
 Macaroni & Cheese **V**
 Jacket Potato with Baked Beans **Ve**

Vegetables
 Peas & Carrots **Ve**

Dessert
 Sticky Banana Bread **V**

Tuesday

Main Meals
 Chicken & Sweetcorn Meatballs with Tomato Sauce & Pasta
 Vegetable Jambalaya **Ve**
 Jacket Potato with Salmon Mayonnaise

Vegetables
 Cauliflower & Broccoli **Ve**

Dessert
 Chocolate Shortbread **Ve**

Wednesday

Main Meals
 Thyme Roast Chicken Breast with Roast Potatoes & Gravy
 Roasted Ratatouille with Crumble **Ve**
 Wholegrain Pasta with Cheese Sauce **V**

Vegetables
 Seasonal Greens & Mashed Swede **Ve**

Dessert
 Mandarin Jelly **Ve**

Thursday

Main Meals
 Beef Burger in a Bun
 Vegan Bolognese with Spaghetti **Ve**
 Jacket Potato with Baked Beans **Ve**

Vegetables
 Sweetcorn **Ve** & Coleslaw **V**

Dessert
 Jammy Bread & Butter Pudding with Custard **V**

Friday

Main Meals
 Fish Fingers with Oven Baked Chips
 BBQ Vegetable Quesadilla **V**
 Pasta with Tomato Sauce **Ve**

Vegetables
 Baked Beans & Peas **Ve**

Dessert
 Chocolate Mousse **V**

Freshly Baked Bread:
 Tomato & Herb Bread **V** Wholemeal Bread **V**

Week 3:
 3rd May, 23rd May, 20th June, 11th July, 12th September, 3rd October, 24th October

V - Suitable for vegetarians
Ve - Suitable for vegans & vegetarians

All products are subject to availability.

Pabulum Salad Bar
 Children can help themselves to an unlimited selection of freshly prepared healthy salads. Our new salad bar features all of the children's favourites, is completely free of the 14 recognised allergens, is suitable for vegetarians and vegans and packed full of fibre and nutrients.

BM2
 Available Every Day
 Fresh Fruit Platter **Ve**
 Homemade Fruit Yoghurt **V**

April 2022
pabulummm
 HONESTLY GOOD FOOD